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Movin Strategic Career Co., Ltd.

(Securities Code: 421A)

Publication of *Happy Career Change: A Textbook for Career Design That Helps You Move Forward Without Hesitation*, Authored by Koichiro Nakamura, Formerly of the Company

Movin Strategic Career Co., Ltd. (Head Office: Minato-ku, Tokyo; President and Representative Director: Kimihiko Kamikawa) hereby announces that *Happy Career Change: A Textbook for Career Design That Helps You Move Forward Without Hesitation*, authored by Mr. Koichiro Nakamura, formerly of the Company, has been published by Kizuna Publishing.

This book is based on Mr. Nakamura's many years of experience in career support and his work with more than 10,000 individuals seeking advice on career changes and career development. Rather than viewing career change merely as a job search or job transition activity, the book offers readers an opportunity to reconsider their own lives and working styles.

Mr. Nakamura joined Movin Strategic Career after working at a human resources venture company and an ERP vendor. Since then, as a career transition agent, he has primarily supported the careers of professional talent, including those in the consulting industry.

In the book, Mr. Nakamura addresses the hesitation and anxiety that many people face during career change activities, as well as the tendency to lose sight of one's true intentions amid an overload of information. Through the process of "becoming aware," "encountering opportunities," and "making choices," the book introduces ways of thinking that help readers choose their careers based on their own personal values and guiding principles.

The book also emphasizes that changing jobs should not be regarded as the final goal. It includes practical insights for building a career that feels personally fulfilling, while also touching on actions after changing jobs, how to build relationships, and perspectives on long-term career development.

We view the publication of this book by Mr. Nakamura, formerly of the Company, based on his career support experience to date, as an initiative that is highly aligned with the approach we have long valued: engaging deeply with each individual's career.

The Company aims to evolve beyond a conventional recruitment agency into a "lifelong career hub" that professional talent can rely on at every stage of their careers. Going forward, we will continue working to create truly valuable encounters for both companies and talent through the use of technology, and to contribute to the resolution of social issues through the appropriate placement of

human resources.

Book Overview

Title: *Happy Career Change: A Textbook for Career Design That Helps You Move Forward Without Hesitation*

Author: Koichiro Nakamura

Publisher: Kizuna Publishing

Format: Paperback

Number of Pages: 232 pages

ISBN: 978-4866633336

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Amazon Link: <https://amzn.asia/d/01juO4Kt>

About the Author

Mr. Koichiro Nakamura graduated from the Faculty of Social Sciences at Hitotsubashi University. After working at a human resources venture company and an ERP vendor, he joined Movin Strategic Career Co., Ltd. As a career transition agent, he has provided career change and career consultation support to more than 10,000 individuals.

At the “JAPAN HEADHUNTER AWARDS” hosted by BizReach, he was selected as the “No. 1 Agent in Satisfaction,” chosen by BizReach members, and received the MVP award. He currently serves as Representative Director of High Valley Fields Co., Ltd., and is active as a career consultant and career transition strategy advisor.

■About Movin Strategic Career Co., Ltd.

Movin Strategic Career Co., Ltd. operates a recruitment business specializing in professional fields, including consulting firms. Since its founding in 1996, the Company has provided high-quality career transition support services to both job seekers and hiring companies, leveraging its deep knowledge of the consulting industry and its strength in providing long-term support for the career development of professional talent.

The Company aims to evolve beyond a conventional recruitment agency into a “lifelong career hub,” where professional talent can continuously seek advice at each stage of their career advancement and career change. Going forward, the Company will continue working to address social issues through the appropriate placement of human resources.

Company Name: Movin Strategic Career Co., Ltd.

Securities Code: 421A (Tokyo Stock Exchange Growth Market)

Representative: Kimihiko Kamikawa, President and Representative Director

Location: Midtown Tower 7F, 9-7-1 Akasaka, Minato-ku, Tokyo

Established: December 2000 (Founded: 1996)

Business Description: Recruitment services

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